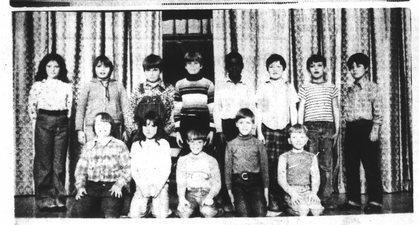
First Place Winners in the senior mechanics contest (l. to r.) were Dale Garrett, Robert Hardin and Paul Krajewski.



Third Place Winners in the junior mechanics contest were, left to right, ACHS FFA members Gentry Barnes, Doug Powell and Robert Hubbard.

4-H'ers Participate in Public Speaking

Over the past several weeks nearly 200 Appomattox 4-H members have participated in 4-H Public Speaking programs. These 4-H'ers have had the opportunity to plan and present a speech to an audience. Ribbon awards, courtesy of Farmers National Bank, were presented to each 4-H member.

Pictured above are 4th grade girls and boys from Appomattox Elementary School that participated in Public Speaking. The girls are: top photo (l to r) (Front) Lisa Ferguson, Angelia Jaggars, Dana Lee, Cheryl Wooten, Karen McCormick, Debbie Riley, Melinda Dalton, Karen Trent, Marla Garrett and Subrina Watts. Back row: Mary Ann Mayberry, Kathy Bryan, Loretta McCormick, Leigh Ann Taylor, Jennifer Coleman, Lisa Gillispie, Jessica Stanley, and Robin LeGrand.

Additionala 4-H graders were. bottom photo. (front) Jonathan White, Sandra Phelps, David O'Brien, David Wingfield and Walter Litchford. Back row: Margie Lockner, L. C. Mayberry, Charles Trent, Steven Thoma, Darryl Hurt, Bobby Bryant, Terry Campbell, and David McCracken. Missing from the picture was Roger Abbitt.

Congratulations to these 4-H'ers who were participating in a public speaking contest for the first time.

Hollywood

But who so heardeneth unto me shall dwell safely, and shall be quiet from fear of evil. Proverbs 1:33.

Love bears all things, believes all things, hopes all things, endures all things. 1 Cor. 13:7. RSV

Mr. Benjamin Beasley of Wytheville visited his mother Mrs. Virgie Beasley Tuesday.

We were glad Rev. and Mrs. D. W. Messer were able to be out Sunday after a spell of colds and virus last week.

Mr. and Mrs. Kenneth Wingfield and family of Roanoke spent the week end with Mrs. Wingfield's parents Mr. and Mrs. Kenneth Deaner and family.

We are very sorry to hear of the illness of Mrs. Arnold Childress of Lynchburg. We pray he may have a speedy recovery.

Mr. and Mrs. Frank Hancock of Richmond spent the week end with Mrs. Hancocks mother Mrs. J. L. Torrence.

We are very sorry to hear Mr. J. L. Torrence Jr. will undergo surgery Tuesday in Richmond. Our prayers are with him and each of his love ones.

Mr. and Mrs. Elliott Torrence were visitors Sunday of Mr. and Mrs. Robert Coleman.

Mr. and Mrs. Richard Webb and family visited Mr. and Mrs. Monroe Webb and family.

Mrs. Phyliss Davis of Scottsville visited her son and daughter in law, Mr. and Mrs. Andy Davis and family Sunday.

We heard last week that Mr. Hal Webb was a recent patient in the hospital in Richmond. We pray he is feeling much better now.

Thomas Woodall and Lisa called in the home of Mr. and Mrs. Andy Davis and family Saturday.

Mr. and Mrs. Lawrence Woodson spent Thursday with Mr. and Mrs. L. L. Webb and family.

We are very sorry to hear Mrs. Howard Gilbert is on the sick list. Our prayers and get well wishes are with her and her love ones.

Mr. James Hubert Maxwell of the U. S. Navy who is stationed in Washington, D. C. is spending some time with his parents Mr. and Mrs. James E. Maxwell.

Mr. and Mrs. Robert Jenkins of Lynchburg visited his father Mr. H. W. Jenkins Sunday.

We are very sorry to hear Mrs. Thelma Franklin fell last week and is a patient in the Lynchburg General Hospital. Our sincere prayers are with her and her love ones.

Among others calling in the home of Mrs. Mary Bagby last week were Mrs. Shirley Franklin, Mr. Walker Webb and Mr. Alfred Almond. Mr. and Mrs. Kenneth Wingfield and Kenny called in this home Sunday.

Mrs. Edna T. Covington is a patient in Virginia Baptist Hospital. We are praying for her speedy recovery.

APPOMATTOX ELEMENTARY SCHOOL MENU

February 8 - Baked bean casserole, hot rolls, potato salad, buttered corn, sliced peaches, milk.

February 9 - Hot dog on buns w/chili, coleslaw, pork n' beans, potato tots, apple cobbler

February 12 - Cheeseburgers, creamed potatoes, turnip greens, gingerbread, applesauce, milk

February 13 - Surf patties, hot rolls, macaroni & cheese, coleslaw, sliced peaches. cookies, milk

February 14 Sloppy Joe on bun, navy beans, chilled tomatoes, cheesecake/w icing, milk

February 15 Vegetable soup w/crackers, bologna and cheese sandwich, peach pie, milk

February 16 Spaghetti w/meat sauce, hot rolls, tomato and lettuce salad w/dressing, fruit cup, milk

LEDGER SHEETS AND ALMOST EVERYTHING ELSE YOU WILL NEED FOR YOUR OFFICE
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St. Anne's Represented at Diocesan

Each year about this time the Council of the Episcopal Diocese of Southern Virginia convenes conjointly with the Diocesan Churchwomen in Williamsburg, Va.

St. Anne's Church, Appomattox, was represented in Council by Mr. Danny Garrett and the Rev. Harmon Smith, Vicar of St. Anne's Church, Appomattox, was represented in Council by Mr. Danny Garrett and the Rev. Harmon Smith, Vicar of St. Anne's. Various issues affecting the life of the church such as the revision of liturgies, the problem of homosexuality, and the introduction of a large Diocesan fund drive were debated.

Representing the Episcopal Churchwomen (ECW) were Mrs. Sue Garrett and Miss Edith O'Brien, retiring corresponding secretary of the Diocesan Episcopal Churchwomen.

The Rt. Rev. C. Charles Vache, bishop of the Diocese of Southern Virginia, presided.

FOR SALE: Rubber Stamps and Stamp Pads at the Times Virginian. Phone 352-8215 for fast service.

ACHS FFA Teams Place in Mechanics Contest

The Hub Federation Ag. Mechanics Contest was held at Appomattox County High School on January 25th. Teams from Amherst and Appomattox counties competed in shop safety tests, tool identification, practical problems, and shop skills to determine the Federation winners.

The senior team from ACHS placed first in the Federation. Team members were Paul Krajewski, Dale Garrett and Robert Harding. The junior level team consisted of Doug Powell, Gentry Barnes and Robert Hubbard. They placed third in the competition for junior teams.

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GOOD NEWS FOR HOMEMAKERS

By Shirley W. Walton
Extension Agent

Handling Frozen Foods

Handling the frozen foods in our freezer is a simple, everyday task until the electricity is off for a period of time. Then many of us have many questions about how can use partially thawed food.

You may safely refreeze foods that have thawed if they still contain ice crystals or if they are still cold (about 40 degrees F.) and have been held at this temperature no longer than one or two days after thawing. Foods warmed to 40 degrees F. or higher are not likely to be fit for refreezing.

You can refreeze thawed fruits. Fruits usually ferment when they start to spoil. A little fermentation will not make fruits dangerous to eat, but it may spoil their flavor. You can refreeze thawed fruits, if they still taste and smell good, or you can use the fruits in cooking, baking or making jellies, jams or preserves.

Be very cautious when you refreeze thawed meats and poultry. Meats and poultry become unsafe to eat when they start to spoil. Therefore, examine each package of food before you decide what to do with it. If the color or odor of the thawed meat or poultry is poor or questionable, get rid of the food immediately. It may be very dangerous. Tests show that you can refreeze beef, veal and lamb that show no sign of spoilage. If the package has been open, the meat should be rewrapped before refreezing.

Be careful when you refreeze vegetables, shell fish and cooked foods. Often you can't tell by the odor whether vegetables, shell fish and cooked foods have spoiled. Bacteria multiply rapidly in these foods, so don't refreeze any of these foods when they ahve thawed completely. If ice crystals are still in the food, you refreeze it immediately. Usually it is safe to do so even though the nutritional quality of the food may suffer. If the condition of the food is poor or questionable, don't take any chances, Get rid of it.

Do not use melted ice cream. Melted ice cream, when refrozen. or used in its melted state can make one sick. We also know it is very messy in the freezer to handle. Be sure you get rid of any melted ice cream products.

Refreezing food quickly is the key. Clean the freezer before refilling. When you refreeze thawed food, it must be done as quickly as possible. If your freezer is full of warmed foods, to get a quick refreeze, it is best to take the food to a commercial locker plant if possible. The food should be chilled to 0 degrees F. or below before taking the food back to your home freezer. Wrap the food well in newspapers and blankets before moving it to or from the freezer plant. To refreeze food at home, turn the adjustable temperature control, if your freezer has one, to its coldest position. When the electrical current comes on again , the freezer will run continuously and food will freeze quicker. Place the warmer packages against the refrigerated surfaces if possible, but pile them so air can circulate around them well. After the food is well frozen, turn the temperature control back to its usual maintenance setting. If the freezer is too full, move some of the colder packages to the refrigerator and return then gradually to the freezer. Foods that have been frozen and thawed require the same care as foods that have never been frozen. Use refrozen foods as soon as possible.

Last week we talked about some possibilities of things that you could do when the electricity was out with your refreeze thawed fruits, if they still taste and smell good, or you can use the fruits in cooking, baking or making jellies, jams or preserves.

If you have questions concerning foods, please call or write the Appomattox County Extension Office. Our phone number is 352-8244 and our Post Office Box is 488, Appomattox, Virginia 24522. Have a good week, Ladies!

RECIPE OF THE WEEK
Whilder Asteria Red Velvet Cake

Mix vinegar and soda and stir in last; do not beat. Add cake coloring before adding flour. Pour into 9 in. pans and bake 30 to 35 minutes at 350 degrees F.

Fluff Frosting

1 cup milk & ¼ cup flour (cook until thick and cool)
1 cup sugar & ½ cup Crisco & ½ cup butter (beat until fluffy with high speed mixer)
Add first mixture and 1 tsp. vanilla. Continue beating.

Elon Baptist To Hold Memorial Service

A special Memorial Service will be held on Sunday, February 11 at 3 p.m. for members who lost loved ones and friends in 1978. The service will give members an opportunity to remember those who brought meaning and love to their life while living.

The future belongs to those who prepare for it.
— Ralph Waldo Emerson

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Kathi Morris Celebrates Birthday

Kathi Morris celebrated her 14th birthday with a party at A. J. Skateworld recently. Attending Ka'ni's party were, shown above, Sandi Morris, Sarah Morr s, Becky Morris, Cindy Morris, Debra Taylor, Roger Spivey, Liz Pierce, Kim Johnson, Robin Branch, Mary Beth Everly, Stella Osborne, Mary Lee Bryant and Lisa Moore.

Received "Logger Merit Award"

C. W. Moore and sons, Ronald and Samuel, of Gladstone, have been selected by The Virginia Forestry Association as one of 11 top Virginia's outstanding loggers. They were recognized as the best loggers in the state.

At the annual awards luncheon of Virginia Forestry Association on January 30th held at VPI & SU in Blacksburg, they received a framed certificate of a "Logger Merit Award".

Specially designed decals for trucks and equipment and a year's gift membership in the Virginia Forestry Association were also given them.

Since the Fall of 1977, only 18 other loggers have been recognized for their efforts to prevent erosion property design logging roads and in general to keep the woods clean. C. W. Moore's brother, Omar Moore, of Gladstone, was chosen out of the top 11 to receive the "Logger Merit Award."

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THURSDAY - 7 pm to 10 pm

FRIDAY - Double Session
7 pm to 10 pm/9 pm to 12 pm

SATURDAY - 2 pm to 4 pm
Double Session - 7 pm to 10 pm / 9 pm to 12 pm.

SUNDAY - 1 pm to 4 pm
Church Nite - 7 pm to 10 pm

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